

## Appendix B

Below is a summary of examples of the many activities undertaken by community groups to support people in their communities during the Covid-19 pandemic. The examples listed below are just a snapshot of what community groups across the district have been involved in, on top of the reactive support roles many communities have taken on during the pandemic. SCDC Members and staff have helped and supported communities during this time working closely with each area:

Distribution to residents of leaflets and newsletters	Community groups had distributed leaflets or information cards to residents in their villages, providing information of what support was available and providing contact details to access this support. This information was also provided in some community newsletters.
Letters to those on the 'at risk'/vulnerable list	Some groups (Cambourne Town Council and Coton for example) wrote to all those on the at risk/vulnerable list received provided by South Cambridgeshire District Council and the County Council. This had prompted people to ask for help if they needed it, or just to chat to someone and also ensured that residents who were not already connected to existing community groups were not overlooked.
Volunteer drivers	Some community groups (Papworth) used volunteer drivers or a village minibus (Histon) to transport residents to their Covid vaccinations. Some volunteer driver schemes had been supported by Care Network. Other villages were using Panther Taxis who were offering to transport people to their vaccinations. They had offered to journeys of up to £10 free of charge and a small mileage charge for longer journeys to cover the driver's costs. Volunteer drivers had also been used to deliver prescriptions to vulnerable residents.
Prescription delivery and hearing aid battery deliveries	Community groups had delivered prescriptions and hearing aid batteries to vulnerable/elderly residents. Melbourn explained their prescription delivery service, which had helped people who could not go to the small village pharmacy that serves 6,000 residents. The group carried out about 50 prescription deliveries per day during the first lockdown and had three volunteers on the phones at the Melbourn Hub taking prescription calls. By the end of first lockdown, Melbourn had delivered 1,800 prescriptions and 1,000 hearing aid batteries.
Emergency food reserve/foodbanks	Some community groups had set up foodbanks or emergency food reserves. Papworth had set up the 'Papworth Pantry', which was an emergency food resource rather than a food bank so people could quickly access supplies if needed. A store of dry food was

	<p>kept in the village hall which was topped up with fresh produce from the local shop when needed. This had received funding from Papworth Parish Council.</p> <p>Residents, Morrisons and the Co-Op had donated to the food bank in Cambourne. The foodbank was coordinated by Cambourne Crescent out of the Blue School every week.</p>
Community meal delivery	<p>Community meals had been delivered out of the Melbourn Hub; this had supported 1,300 people.</p> <p>Cambourne Town Council staff had also helped to collect meals offered from the SCDC funded schemes at Duxford and Over and delivered them to the Cambourne Hub for storage. These were then distributed by volunteers.</p>
Buddy scheme	<p>Papworth had set up a village buddy scheme which buddied up vulnerable people with others in the village. This provided people who needed additional support with someone to go for a walk with, to do their shopping or do other jobs for them as needed. This was set up to comply with all government guidelines, including social distancing.</p>
Rainbow signs	<p>These were displayed outside properties of over 80's/vulnerable people in Histon and Impington. 'Ok' was displayed under the rainbow if all was well and volunteers could see from outside the property whether support may be needed.</p>
Shopping deliveries	<p>Community volunteers had delivered shopping to residents in need; elderly/vulnerable and those self-isolating.</p>
Donations of clothing and other items	<p>Cambourne Town Council had been made aware of families in need of help with winter clothing, duvets and blankets. Donations were sought and provided by the community.</p>
Email/social media/websites/helplines	<p>All villages had set up either email groups and/or social media groups and websites. Some community groups had set up Whatsapp groups which they had found very helpful to stay connected and be responsive. Some community groups had found that Whatsapp groups had later evolved into more social groups.</p> <p>Coton had set up the Coton Network which was an email group to which anyone could write to ask for help. Google Groups was used for this so anyone could unsubscribe from the group whenever they wanted. Anyone in the group could respond to a request for help. Response times were very quick. If people wanted to send a request confidentially, they could still do so and contact details were provided for this.</p> <p>Girton set up a page on its website along with a dedicated email address. Anyone could volunteer through the website to help with shopping, prescription delivery and providing social contact.</p>
Volunteer street coordinators	<p>Some groups had split their villages into streets and volunteer coordinators were assigned to support each street.</p>
Keep in touch phone calls	<p>Some of the groups provided keep in touch phone calls for residents suffering from loneliness. Some groups found this resource was very well used and people had made friends over the phone. People who said they were lonely had felt a confidence boost by being able to contact other people who</p>

	<p>were felt in a similar situation. Age UK's Elderly People's Coordinator had supported some groups with this.</p>
<p>Village events and other initiatives</p>	<p>Fen Ditton ran a monthly village bake off with cakes delivered to the elderly and vulnerable by volunteers in a Covid secure way. This enabled volunteers to check up on each vulnerable resident and have a socially distanced chat on the doorstep. Any concerns were reported back to the community coordinator. In Fen Ditton, Father Christmas had delivered sweets to all children in the village and cake to the elderly.</p> <p>Coton ran an internet club which continued to meet weekly on Zoom. The first village wide coffee morning on Zoom was about to take place.</p> <p>The Wilbrahams and Six Mile Bottom had held a series of 'know your neighbour' talks. These were Zoom talks given by people in the villages on any subject they chose. This had started as an experiment but had been so well received that it continued with more people volunteering to speak.</p> <p>With the local choir and musicians, Papworth had provided doorstep music to some of the elderly residents which had been well received.</p> <p>At Christmas, Coton had asked any residents already cooking a Christmas meal, to cook an extra portion which was matched with someone in need of a meal in the village. There was also a Christmas hamper scheme where people committed to put together a hamper for a resident or a family. This was done anonymously like a Secret Santa. This shared happiness and a created the feeling of community.</p>