Staying independent, safe and well

Adult social care roadshow to visit Cambourne Library

Library visitors have the chance to find out about local services to help them stay independent, safe and well at a series of roadshows taking place throughout 2012. The roadshow has been visiting libraries across the county since the end of January and will be visiting Cambourne Library from14th May to 9th June. The event will feature a display of information leaflets, presentations about assistive technology resources to help you remain independent, and details of Trading Standards approved trader scheme Buy With Confidence.

Demonstrations of Your Life, Your Choice Cambridgeshire's adult social care website and AskSARA, an online guide to equipment to make staying independent easier, will be taking place on the last Saturday the roadshow (10am-12.30pm). Trading Standards staff will also be on hand to tell library visitors more about the Buy With Confidence scheme. If you are interested in assistive technology resources please check with the library for the date(s) of these presentations.

For more information about the roadshows and to see the full schedule visit www.cambridgeshire.gov.uk/social telephone 0345 045 5225 or email: yourlifeyourchoice@cambridgeshire.gov.uk

If you are unable to visit the roadshow but require information about staying independent, safe and well phone Cambridgeshire Direct on 0345 045 5202 or see the Your Life, Your Choice website at www.yourlifeyourchoice.org.uk